



Saturday, April 5, 2014

Check-In & Late Registration Starts 7 a.m.
 Race Time: 8 a.m.
 Location: Tri Hard Sports
 914 Bechtel Blvd, Ocean Springs, MS

Registration:

Pre-registration must be received by March 29 to be guaranteed a t-shirt.

- Entry Fees – \$15 per person by March 29
- Late Entry Fees – \$20 per person March 30-April 5

Awards:

Overall male/female & top in each age group.
 (10-year age groups)

The race will include a 1-mile fun run along with the 5k!

Every fitness level is welcome - runners, walkers, baby strollers and even tutu-wearers are highly encouraged to sign up!
 Participants are guaranteed to have a rockin' good time during the race with food and entertainment to follow.

Registration available at Tri Hard Sports or complete registration and mail/make checks payable to:

Adrienne's House • P.O. Box 1263 • Pascagoula, MS 39568
 Stacey Myers • 228-205-4502 • Email: smyers@gcwcfn.org

Proceeds to Benefit Adrienne's House
 (Satellite Domestic Violence Shelter of
 Gulf Coast Women's Center
 for Nonviolence)

Registration and Hold Harmless Form

One entrant per form, please.

Name: _____

Date of Birth: ____/____/____ Race Day Age: _____ 5k 1-mile Fun Run

Sex: M F T-Shirt Size: Adult S M L XL

*Race T-Shirts will only be guaranteed to participants registered BEFORE March 29, 2014.

Address: _____ Phone: _____

City, State, Zip: _____ Email: _____

Liability Waiver must be completed and signed before entrant can be entered in the run/walk!

This form must be completed in order to participate in the Rock The Cause race. Registration is not complete until registration fee is received. Register by March 29, 2014 to ensure your receipt of a race t-shirt; receipt of t-shirts for race-day registrations will be on first-come, first-served basis!

Every effort will be made to host the event as scheduled, however, in cases of inclement weather that prohibits the running of the event at the scheduled time the race will be rescheduled and all registrations will be honored for the new date.

WAIVER: I understand that the Rock The Cause race (the "Event") is an athletic event that should only be engaged in by persons who are physically fit and in good health, as determined by a physician. I also understand that my participation entails some risks, including but not limited to injury or death, caused by my actions as well as the acts or omissions of fellow participants.

In consideration of your accepting this entry and allowing me to participate in this Event, I, the undersigned, intending to be legally bound hereby, for myself, my representatives, heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against Gulf Coast Women's Center for Nonviolence/Adrienne's House and the organizers, its officers, directors, volunteers, agents, successors, and assigns, and any and all sponsors, and their representatives, successors, and assigns, from death or any and all injuries or damages suffered by me in said Event. I attest and verify that I will participate in this Event as a run/walk entrant, that I am physically fit for this Event, and accept all risks associated with my participation. Further, I hereby grant full permission to Gulf Coast Women's Center for Nonviolence/Adrienne's House and the organizers to use without compensation any photographs, videotapes, motion pictures, or any other recordings or other record of this Event containing my image for any purpose whatsoever.

I agree that the courts located in Jackson County, Mississippi, shall have exclusive jurisdiction over any legal matters relating in any way to my participation in the Event. This Agreement shall be governed by and interpreted in accordance with the laws of the State of Mississippi.

If the participant is under 18 years of age, the undersigned legal guardian represents and warrants that he/she is the participant's parent or legal guardian, and has the authority and knowledge to make the aforementioned representations and execute this Waiver on the participant's behalf.

Date: _____ Signature(s): _____

of Participant or Legal Guardian (if participant in under 18)